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STAR OF MYSORE

OUR EVENING DAILY

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MYSURU Wednesday 8th March 2023
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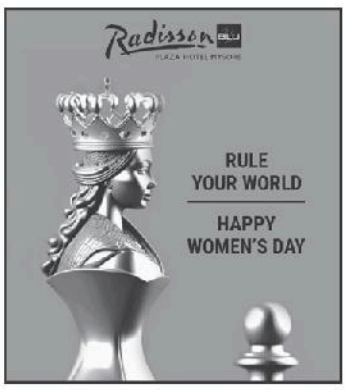


City celebrates Women's Day

Expos, bicycle jatha, cricket tournament mark celebrations

Women Officers of Mysuru District Administration inaugurating the week-long exhibition-cum-sale of products by women self-help groups and women entrepreneurs as part of International Women's Day celebrations organised by Zilla Panchayat, National Rural Livelihoods Mission, Skill Development, Entrepreneurship and Livelihood Department at J.K. Grounds in city this morning. Mayor Shivakumar, MLA L. Nagendra, Deputy Commissioner Dr. K.V. Rajendra, Corporator Pramila J. Bharath, Zilla Panchayat CEO K.M. Gayathri and others are seen. Picture right shows a section of women entrepreneurs.

Mysuru, Mar. 8 (MTY&BS)- Every year, on Mar. 8, people commemorate International Women's Day to observe cultural, political and socioeconomic women-made achievements in various fields. The day was celebrated in a special way in Mysuru this morning, with intention to send out a message of gender-equal world where differences are valued and celebrated.

The highlight of the day was a divisional-level week-long exhibition and sale of products of women's self-help groups and women entrepreneurs. The event was organised at J.K. Grounds by Zilla Panchayat, National Rural Livelihoods Mission, Skill Development, Entrepreneurship and Livelihood Department.

Speaking after inaugurating the event, BJP MLA L. Nagendra sang paeans of former Prime Minister late Indira Gandhi. "Indira Gandhi has set an example by serving as the Prime Minister for multiple terms," he said.

Nagendra also cited examples of women leaders who have made a mark in public life like Uttar Pradesh Governor Anandiben Patel, West Bengal Chief Minister Mamata Banerjee, former Tamil Nadu CM late J. Jayalalithaa, former Delhi CM late Sheila Dikshit and former UP CM and Bahujan Samaj Party (BSP) National President Mayawati.

Deputy Commissioner Dr. K.V. Rajendra said that preference should be given to the education of women who have been making a mark in every field. "It has been already announced setting up of a Women's Entrepreneurship Park in Mysuru to encourage and promote them," he said.

"However, there still seems to be preferential treatment for sons at home when compared to daughters who are bound by restrictions. It is understandable that the parents prefer the safety of their daughters due to the prevailing conditions, but still, they deserve to be kept free from the shackles to encourage them to achieve in their desired field," the DC added.

If the son fails an exam, he will be allowed to write again and again, but in the case of daughters they are married off, he explained. "Women's Day should not be restricted for a day as every household consists of women who should be provided due space they deserve," the DC added.

Over 50 stalls are opened as part of the exhibition, but half of the stalls were empty.

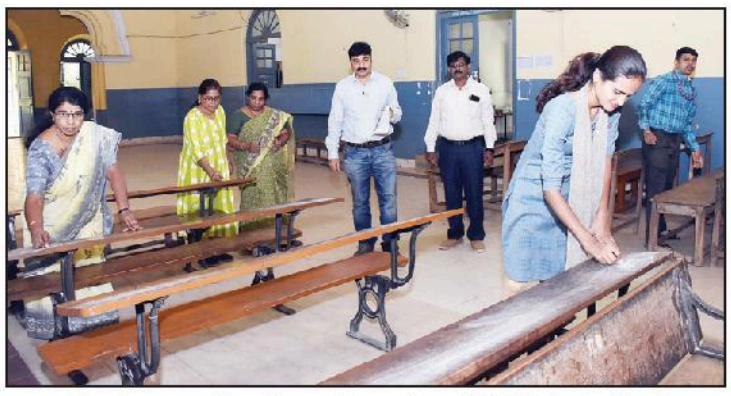
The exhibition will be open from 9 am to 5.30 pm. Similarly, food stalls by women have been opened at Nanjaraj Bahadur Choultry for a day. They will be open till this evening.

Mayor Shivakumar, Deputy Mayor Dr. G. Roopa, ZP Chief Executive Officer K.M. Gayathri, Planning Officer Savitha and others were present.

(See WOMEN'S DAY on page 5)

II PU exams from tomorrow

at 50 centres in Mysuru district



Teachers writing the roll number of II PU students at Maharani's Junior College in city this morning.

Mysuru, Mar. 8 (BCT&RK)- Students across the State will appear for the II PU exams starting tomorrow with fool-proof security in place. In Mysuru, the examinations will be held in 50 centres in the district and 26 centres within the Mysuru city limits.

According to DDPUE Nagamallesh, in Mysuru, 35,020 candidates will appear for the examinations and of them, 29,993 are regular candidates including 13,975 boys and 16,018 girls. There are 1,236 candidates who will write the exams privately and of them, 681 are boys and 555 girls.

There are 3,791 repeaters including 2,482 boys and 1,309 girls. This year, CCTV cameras have been installed at all examination centres and all the activities on the exam days will be monitored. All the benches and rooms of colleges and exam centres have been numbered with exam serial/roll numbers and kept ready for tomorrow.

(See PU EXAMS on page 5)

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Cooking onions at a high heat significantly reduces the benefits of diallyl sulfide, their cancer protective phytochemical. Fresh raw onion offers the most health benefits, and mincing (or even chewing) the onion helps to release its phytochemical power. So it's best to Eat them raw.
LATHA M, Clinical Nutritionist & Dietician
95380 52378
Narayana Multispeciality Hospital, Devanur, Mysore

STAR OF MYSORE

"We believe comment is free, but facts are sacred."

Editor: M. GOVINDE GOWDA, M.A.

Mysuru, Wednesday 8th March 2023

Power disruption tomorrow

Mysuru, Mar.8 - As Chamundeshwari Electricity Supply Corporation (CESC) has taken up fourth quarterly maintenance works at 66/11 Doora, Vajamangala and Bannimantap Power Distribution Centres, there will be no power supply tomorrow (Mar. 9) between 10 am and 5.30 pm in the following areas:

Doora Power Distribution Centre: Doora, Talur, Murudagalli, Doddakatur, Chikka Katur, Sindhuvalli, Nanjundeshwara Layout, Hallikere Hundi, Bidaragud, Moodalahundi Water Supply Centre.

Vajamangala Power Distribution Centre: Mellahalli, Harohalli, Halekerehundi, Shivapura, Halagayyanahundi, Pillahalli, Varakodu, Badagalahundi, Moodalahundi, Kempegowdanahundi, Varuna, Dandikere, Vajamangala, Mosambayyanahalli, Yandahalli, Sajjehundi, Janthagalli, Mahadeshwara Layout, Indus Layout, Boogathagalli Gate, Choranahalli, Nadanahalli, Police Layout, Netajinagar, IPS Nagar, Lal Bahadur Shastri Nagar, SMP & Shobha Developers, Yashaswini Hill View, Chikkahalli, JSS Layout, Vasanthanagar, Sukadai Layout, Shanthaveri Gopalagowda Nagar, Saptamatruka Layout, Sahrudayanagar and Prakruthi Layout.

Bannimantap Power Distribution Centre: Siddiquinagar, Shivarathreeshwaranagar, Manipal Hospitals, Hanumanthanagar, Industrial A & C Layout, Telephone Exchange, KSRTC Layout, Lidkar Colony, Industrial 'B' Layout, Highway Circle, surrounding areas of *Star of Mysore*, Cauvery Nagar, Belavatha, Sadanahalli, Siddalingapura, K.R. Mill, Naganahalli, Lakshmipura, Kalasthavadi and surrounding areas, according to a press release from CESC Executive Engineer, NR Mohalla Division.

EDITOR'S BOTTOMLINE

While we are on the topic of women and technology, it was news to me that in the recent round of layoffs in the IT/ITeS industry in Europe more women than men lost jobs. I am not certain if such surveys have been done in India. An economic downturn hits women badly not just in traditional sectors but in newer sectors, too. It is against this varied backdrop that THE WEEK is bringing you the Women's Day Special 2023. It is about women change agents who are fighting for their convictions, to make life better for their fellow beings — female, male and furry.

The main article looks at the aspirations of the modern Indian woman and her struggles in her upward climb. Another aspect is about how women are finding it better to stay single or part ways than suffer incompatibilities. It is best not to live in bitterness, true.

I know of a couple who were married for 61 years. She wrote 25 books, and he two — a brief biography of hers, and his own autobiography. In the first book, he wrote: "I have realised something curious: that two such different people had merged, river-like, and flowed together as one for so many years. It is amazing that an ardent worshipper of art and her absolutely prosaic partner, untouched by any aesthetic sense, lived together for so long without any major earthquakes."

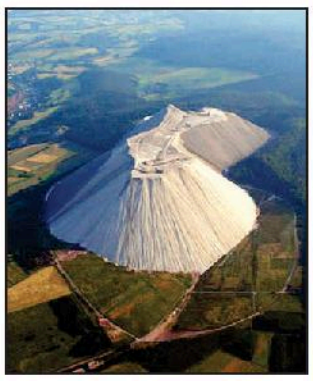
He lived for seven years and 22 days after she passed. Every morning he left a handful of jasmine flowers, her favourite bloom, before her photograph.

They were my parents.

— Philip Mathew, Editor, THE WEEK in the Women's Day Special

NEWS SPARKLERS

World's largest artificial salt mountain



Herringen: The town of Herringen, in central Germany, is home to a heap of sodium chloride (table salt) so massive that it has come to be known as Monte Kali. It is the world's largest artificial salt mountain.

The origin of Monte Kali can be traced back to the year 1976, when potash salt was being extracted from mines around the town of Hessen. Back then, potash was used to make products like soap and glass, but today it is an important ingredient in several fertilizers, synthetic rubber, and even some medicines, so extraction intensified over the last few decades. The problem with potash is that mining it generates a lot of sodium chloride as a byproduct, so you need somewhere to store it. The company operating the mines started dumping all this salt a few miles from Herringen, and over the years it created a giant salt mountain locals named Monte Kali or Kalimanjaro (puns for Kalisalz, the German word for 'potash').

Father elopes with son's wife

Silor: A man made national news headlines after filing a Police complaint against his own father, accusing him of seducing his wife and eventually eloping with her.

Pawan Vairagi, a worker from Rajasthan State, is accusing his own father of falling in love with his wife and luring her away from him. Vairagi, who hails from Silor village, told authorities that he had been spending a lot of time away from his family because of work, which allegedly gave his father the opportunity to spend more time with his wife and seduce her. The pair recently eloped, leaving Pawan's six-month-old daughter behind.

HEALTH CAPSULE

Most cases of chronic kidney disease show no overt symptoms during the early stage. Individuals with high risk factors are advised to check their kidney functions regularly.

By Dr. Vipin Kaverappa P.T. - Consultant – Nephrology
Manipal Hospital, Mysore

manipalhospitals
LIFE'S ON

** Health Capsule is not intended to be of a diagnostic nature*

10-day Craft Bazaar begins at JSS Mysore Urban Haat

Mysuru, Mar.8 (MK&BS) -The 10-day Craft Bazaar, organised by Ministry of Textiles, Government of India, began at JSS Mysore Urban Haat in Hebbal Industrial Area in city yesterday.

P. Shivaraju, Additional Commissioner (Administration and Development), Office of Regional Commissioner, Mysuru Division and K.R. Santhanam, Director (Audit and Accounts Division), JSS Mahavidyapeetha, inaugurated the exhibition-cum-sale of handicrafts by National and State-level award winning artisans.

The Craft Bazaar with over 100 stalls with printed silk and weaving sarees from Jammu and Kashmir, Tussar Silk saree and Kolhapur slippers of Maharashtra, decorative vases made of clay from New Delhi, furniture and dresses, colourful flower pots from Gujarat, woollen shawls and patch work from Kutch, jute products, boutique sarees, Zardosi sarees, terracotta, bamboo household articles from North Eastern States, artificial flowers, lac bangles, traditional dolls, Hyderabad pearls and other items are put up on display and sale from 10 am to 9 pm.

Dr. H.R. Mahadevaswamy, Joint Director, Technical Education Division, JSS Mahavidyapeetha, K.S. Sunil Kumar, Assistant Director, Ministry of Textiles, Government of India, Mysuru, upcoming model Tanishka Murthy, Mithra Godbhole, Director of Jeevan Jyoth Welfare Federation, Gujarat, Meenakshi Triveni, Ajay Kamath and Shivananjaswamy, Project Officer of JSS Mysore Urban Haat, were present.

REALLY...?

- *70,000 plant species are utilised for medicinal and healing purposes. In all likelihood, you may be nurturing indoor plants species for natural healing and a robust future.*
- *Many plant species are used as natural cloth dyers. One of the oldest blue dyes comes from a plant called 'woad' that has been used since Neolithic times – more than 6,000 years ago. For the betterment of your health and of the mother earth, grow plants for natural colours.*

LAUGHTER THE BEST MEDICINE

Dad: *Hello, Sweetie; How was school today?*
Sweetie: *Dad you can read all about it on my Facebook!!*

TODAY'S CURRENCY RATE

1 US Dollar	= Rs. 82.11
1 UK Pound	= Rs. 97.06
1 UAE Dirham	= Rs. 22.35
1 Euro	= Rs. 86.49

VOICE OF THE READER

Auto drivers taking innocent passengers for a ride

Sir,

This is to let you know about the bad experience I had while travelling in an autorickshaw in the city recently.

I boarded an autorickshaw near KSRTC Sub-urban bus stand and headed to a service apartment in JP Nagar. I had asked the auto driver to turn on the meter, rather than paying the demand fare. The total distance between the boarding and alighting point was around 7 kms. But, to my astonishment, it showed 11.5 kms, and the fare came up at Rs. 185.

I have been travelling so many times on the same route on two-wheeler, four-wheeler and also many times by autorickshaw. Certain auto drivers take this opportunity to fleece innocent people and bring a bad name to the entire fraternity, as some of them genuinely earn their daily bread without resorting to unfair means.

I did take the snap of the license display board of the auto driver and he got scared, as he did not realise I was a localite. We ran into an argument, as I could not bear what I was seeing. The auto driver immediately escaped from the scene.

We need to ensure a fare board is put up and all the meters are checked thoroughly, so that such unethical practices are put to rest. There are a lot of people who hire autos to meet their needs, but a few incidents like this, will definitely have our eyebrows raised and think twice before calling for an auto.

—Sai Niranjan

Mysuru 24.2.2023

Winners of Kannada Quiz at Vani Vilas Ladies Club

Mysuru, Mar. 8- Vani Vilas Ladies Club and Mysuru Book Clubs had jointly organised *Rasa Prashne* (Kannada quiz contest) for ladies at Vani Vilas Ladies Club premises in Nazarbad recently.

In all, 30 teams with two in each team took part in the quiz held in 4 rounds — preliminary, quarter final, semi final and final. Besides first three prizes, 6 teams were given consolation prizes.

Kalpana Chandrashekar and Rani Manjunath won the first prize; Vijaya Haran and B.R. Nagarathna secured the second place; Seethalaxmi and Geetha Murthy got the third prize.

Prizes were distributed to the winners by Vani Vilas Ladies Club Vice-President Deepa Maalini Devi and Founder of Book Clubs Shubha Sanjay Urs.

The quiz, hosted by H. Nivedita, English Lecturer from Yuvaraja's College, Mysuru, was judged by retired Professor Dr. Pamela Sanath and Amitha Harish.

Secretary Prema D'Silva, Yogini Nijaguna, Vinaya Balaji, Malini Srinivasan, Jaysree Mahesh, Vasantha Shivamurthy, other Executives and Book Club members were present during the event.

BHIO's month-long activities to boost women's health

Mysuru, Mar. 8- Bharath Hospital and Institute of Oncology (BHIO), Mysuru, is celebrating International Women's Day with month-long activities to boost women's health.

Apart from this, the hospital has organised a motorcycle and bicycle rally today.

Dr. Y.S. Madhavi, Medical Superintendent and Senior Radiation Oncologist, BHIO, said "Bharath Hospital and Institute of Oncology not only provides quality treatment to cancer patients but is also involved in empowering women."

As part of the celebrations, BHIO will be felicitating more than 18 women who have achieved in various fields. Throughout this month there will be free registration and consultation with upto 50 percent discount on Mammography, Ultrasound, Pap-smear and blood investigations. Simple techniques can detect common cancers which can save many lives as early detection makes the cure easy, she said.

"Breast, cervical, ovarian and uterine cancer account for 70 percent of cancers among women in India. Every woman needs to take care of her health and lifestyle choices. For this women need regular preventive health check-ups to avoid complications. After the motorcycle and bicycle rally at 5.30 pm, a stage programme will be held, she added.

Dr. R. Indira, former Head of Sociology Department, University of Mysore and Bhagya Ajaikumar will be the chief guests while Dr. B.S. Ajaikumar, Chairman of BHIO and Executive Chairman of Healthcare Global Enterprises Limited will preside. For details contact Mob: 99454-33300.

Manipal Hospital to celebrate the strength of women

Mysuru, Mar. 8- On the occasion of International Women's Day, Manipal Hospital, Mysuru, has invited entries from women who have positively impacted society by defeating critical health issues, assisting others in fighting severe illnesses and demonstrating mental resilience in challenging circumstances.

Manipal Hospital believes in recognising and celebrating women who have made a noteworthy impact on society.

To participate in this event, interested women may submit their details via email: *faraz.m@manipalhospitals.com* or *WhatsApp* on 88846-55366 before Mar.10.

The women shortlisted by the panel will be felicitated at a special programme to celebrate the strength of women.

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Women's Day by Samskruthi Women Sphere

On the occasion of International Women's Day, Samskruthi Women Sphere and World Arya Vysya Mahasabha (WAM) felicitated women Corporators — Pramila Bharath and Vedavathi — and also distributed sarees and kurtis to 30 Pourakarmikas at a private hotel in city this morning. Samskruthi Women Sphere President Sridevi S. Bhoopalam and other Directors are seen.

Portugal students, faculty at SDM-IMD

A group of 11 students and 2 faculty members from Porto Business School, Portugal, are on an exchange tour to SDM-IMD (Shri Dharmasthala Manjunatheshwara Institute for Management Development), Mysuru, from Mar.6 to 10. SDM-IMD has arrangements with Porto University for student and faculty exchange. During the study programme, the visiting students will go through academic sessions, corporate visits, social projects as well as Yoga and Wellness sessions. The team, led by Dr. Pedro Vieira from Porto University, is seen with Dr. N.R. Parasuraman, Director, SDM-IMD and Faculty.

NEWS BRIEFS

Special Talk for Children

A special talk on the topic "Different Names of Mother Earth" will be delivered by Dr. R. Purnima, Director, Children's Literary Club, Mysuru, at Chamundi Children's Home, II Stage Brindavan Extension, Mysuru, on Mar. 9 at 6 pm. Dr. Purnima can be contacted on Mob: 96323-15924.

Water disruption on Mar. 9, 10

Due to disruption in power to Hongalli 2nd and 3rd Stage pumping stations as Belagola CESC Sub-Division is undertaking emergency works, there will be no supply of drinking water on Mar. 9 and 10 at CSR and HLR regions, MCC Ward Nos. 1 to 7, Wards 20, 23, 38, 42 to 45, DMA regions in Ward 47 — Hebbal, Kumbarakoppal, Manchegowdanakoppal, K.G. Koppal, Metagalli, Lokanayakanagar, Brindavan Layout, Vontikoppal, Paduvarahalli, Vinayakanagar, Mandi Mohalla, Lashkar Mohalla, Sharadadevi Nagar, Saraswathipuram, Bogadi, Vijayanagar 1st, 2nd and 3rd Stages, Gokulam 1st, 2nd and 3rd Stages, RMP, BEML, Yadavagiri, Bannimantap A, B and C Layouts, Eeranagere, Siddiquinagar, Shivarathreeshwara Nagar, Tilaknagar, Bademakhan, Haleemnagar, parts of Devaraja Mohalla & N.R. Mohalla, Nazarbad, Vidyaranyapuram, Krishnamurthypuram, Janatanagar, KHB Colony, Hootagalli and other areas.

WATER LEVEL

KRS DAM

Maximum	:	124.80 feet
Today	:	103.96 feet
Yesterday	:	104.30 feet
Inflow	:	535 cusecs
Outflow	:	3,851 cusecs

KABINI DAM

Maximum	:	2,284.00 feet
Today	:	2,264.76 feet
Inflow	:	99 cusecs
Outflow	:	2,550 cusecs

HARANGI DAM

Maximum	:	2,859.00 feet
Today	:	2,827.78 feet
Inflow	:	81 cusecs
Outflow	:	90 cusecs

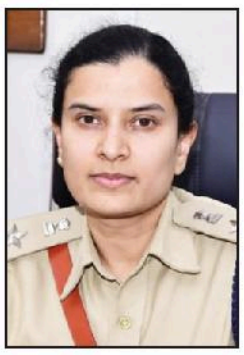
Women who rule and set benchmarks in Mysuru

Kavitha Rajaram

Seema Latkar

K.M. Gayathri

Dr. Malathi Priya



S. Jahnavi

Dr. B.N. Nandini

Dr. K.R. Dakshayini

Kumuda

Dr. G. Roopa

K.C. Divyashree

V.R. Shylaja

Nirmala Matapathi

Mysuru, Mar. 8 (SBD&BCT)- There was a time when the voice of Indian women could hardly reach the public sphere as they had no right to work and were suppressed. But society changes with time and the once deprived section has now occupied public service, the most prestigious and coveted service.

Today, Mar. 8 is International Women's Day and a day for women to celebrate their success, and achievements and thereby send a message on gender equality, loud and clear.

The encouraging momentum toward creating a more balanced public safety and administrative force is fuelled by a growing appreciation of certain unique and valuable professional qualities that women bring to administration and law enforcement.

Such qualities enhance the ability of the administration and law enforcement agencies to make a positive impact on the communities they serve. In Mysuru, several women hold key positions and have proved their efficiency in their respective fields.

Here, women are in top positions like Additional Deputy Commissioner Kavitha Rajaram, Superintendent of Police Seema Latkar, Zilla Panchayat Chief Executive Officer (CEO) K.M. Gayathri, Chief Conservator of Forests (Mysuru Circle) Dr. Malathi Priya, Deputy Commissioner of Police, Mysuru City (Crime and Traffic) S. Jahnavi, Additional Superintendent of Police Dr. B.N. Nandini, Dean and Director of Mysore Medical College and Research Institute Dr. K.R. Dakshayini and Joint Director of Food and Civil Supplies Kumuda.

These posts apart, other district posts are also held by women like Mysuru City Corporation Deputy Mayor Dr. G. Roopa, MCC Additional DC M.J. Roopa, Chief Superintendent of Mysuru Central Prison K C. Divyashree, University of Mysore Registrar V.R. Shylaja, Mysuru Assistant Commissioner Kamala Bai, Hunsur Assistant Commissioner Ruchi Bindal, Deputy Director of Land Records Seemanthini, Rangayana Deputy Director Nirmala Matapathi and T. Narasipur Tahsildar Geetha. In addition, there are other women officers too holding key positions like Project Director, Urban Development Corporation (DUDC) Department Shubha, Joint Director (JD) of Treasury Yashoda, JD of Social Welfare Department Malathi, JD of Disabled Welfare and Senior Citizens Malini, Karnataka Industrial Area Development Board Special Land Acquisition Officer (SLAO) Priyadarshini and Kabini SLAO Priya.

Jatti Vishnu Balaji of Dasara
'Vajramushti Kalaga' passes away

Mysuru, Mar. 8- Jatti Vishnu Balaji (23), who had participated in 'Vajramushti Kalaga' (traditional form of wrestling) during Mysuru Dasara, passed away following a heart attack in city yesterday.

Jatti Vishnu Balaji

He leaves behind his father Tiger Bajali, mother, brother and a host of relatives and friends.

Last rites were performed at the foot of Chamundi Hill yesterday evening, according to family sources.

Vishnu's father Tiger Balaji was participating in 'Vajramushti Kalaga' being held by the Mysore royal family on Vijayadashami Day at the Palace premises since many years and in recent years, he was involved in pairing of wrestlers and as a Jasbandi (referee) during 'Vajramushti Kalaga.'

After Tiger Balaji stopped taking part in the fights, he had trained his son Vishnu Balaji and Vishnu had taken part in the 'Vajramushti Kalaga' during 2022 Dasara Mahotsav.

Youth-20 Summit at VVCE on Mar. 9

Mysuru, Mar. 8- Y-20 Summit (Youth -20) is being celebrated at Vidyavardhaka College of Engineering (VVCE), Mysuru, on Mar. 9 at 11 am. The Principals and students of 13 Engineering Colleges of Mysuru and Mandya region (about 4,500) will be participating in this Summit.

The Vice-Chancellor of Visvesvaraya Technological University, Belagavi and other dignitaries are attending this Summit.

Chief Election Commissioner to visit Karnataka tomorrow
Three-day team visit to assess poll preparedness

Bengaluru, Mar. 8 (Agencies)- Chief Election Commissioner Rajiv Kumar will lead a team on a three-day visit to Karnataka on Mar. 9 (tomorrow).

Rajiv Kumar

The visit will be a precursor to the announcement of poll dates. Kumar will come with Election Commissioners Anup Chandra Pandey and Arun Goel to review the preparedness for the upcoming Assembly election. The term of the 15th Legislative Assembly will expire in May.

The team is scheduled to hold a series of meetings. On day one, the team will meet Chief Electoral Officer (CEO) Manoj Kumar Meena and other senior officials on poll preparation. Later, separate meetings will be held with political parties to seek their opinions.

In the evening, Kumar will inaugurate an international seminar on the Inclusivity and Integrity of Democracy. Day two will see the election team hold a meeting with all 34 district electoral officers.

Kumar and his team will inaugurate voter awareness programmes organised by the CEO and BBMP at the Indian Institute of Science. Following that, Kumar will take part in an interaction with election ambassadors, students, specially abled and others. On Mar. 11, Kumar is likely to address a news conference before heading back to New Delhi.

II PU exams from tomorrow
under CCTV camera surveillance

(Continued from page 1)

Speaking to *Star of Mysore* this morning, DDPUE Nagamallesh said that arrangements have been made to despatch question papers and they will reach the respective centres half-an-hour before the exam time. As a precaution, all photocopy shops within a distance of 200 metres from the exam halls will be closed.

"Vehicles carrying the question papers and answer scripts from the Treasuries to the exam centres (10 routes in Mysuru) have been equipped with GPS devices. The movement of the vehicles will be tracked live and if there is any deviation from the set route, the authorities will be alerted," he said.

The exams will be monitored by two sitting squads with a Joint Chief at each centre to ensure that no malpractice takes place. Barring the students and staff on exam duty, no other person will be allowed entry to the centres. Police have clamped prohibitory orders in a 200-metre radius of all exam centres on all days of the exam.

Apart from exam centres, CCTV cameras have also been installed at district and Taluk Treasuries where question papers are kept. The cameras at the Treasuries have been linked to the mobile numbers of the PUE Department Director and Deputy Commissioner of the district concerned. In case of any threat or emergency, the DDPUE and DC will get alerts.

Citing PU exams, Congress calls off tomorrow's two-hour bandh

Bengaluru, Mar. 8 (Agencies)- In the wake of II PUC and other school exams, the Congress has withdrawn its Statewide two-hour bandh on Thursday (Mar. 9).

The party had come under severe criticism for the bandh call by worried students and parents. The II PU exams will be held from 10.15 am to 1.30 pm and the bandh, which was from 9 am to 11 am, coincided with the travel time of students and stretches into their exam hours.

KPCC President D.K. Shivakumar, in a press statement, said this morning the bandh has been withdrawn in order to avoid inconvenience to students writing their examinations in the State.

Walkathon, Cyclothon to mark World Kidney Day-2023 in city tomorrow

Mysuru, Mar.8 (SBD&BS)- Institute of Nephro-Urology, Mysuru Branch, in association with city's Sarada Vilas College of Pharmacy, has organised a 'Walkathon and Cyclothon' to create awareness among the people on account of World Kidney Day tomorrow (Mar.9) in city.

Head of Institute of Nephro-Urology, Mysuru Branch, Dr. J.B. Narendra, addressing a press meet at Patrakarthara Bhavan in city yesterday, said that Mysore royal family member Yaduveer Krishnadatta Chamaraja Wadiyar, will flag off the 'Walkathon and Cyclothon' in front of Kote Anjaneyaswamy Temple at the North Gate of Mysore Palace at 7 am. Deputy Commissioner (DC) Dr. K.V. Rajendra, Mysore Medical College and Research (MMC&RI) Dean and Director Dr. K.R. Dakshayini and Principal of Sarada Vilas College of Pharmacy Dr. Hanumanthachar Joshi, will be the chief guests.

The students of Sarada Vilas College of Pharmacy and doctors and staff of Institute of Nephro-Urology will take part in the walkathon, which will pass through various roads, by holding placards with messages related to keeping the kidney healthy. Members of Mysuru Cyclist Association along with Pharmacy students will take part in the cyclothon in city, he added.

Speaking about the Institute, Dr. Narendra said "The Institute of Nephro-Urology is a Government facility that is in the lead in treating kidney related ailments. The main branch of the Institute is in Bengaluru and Mysuru branch started functioning since 2018 on the premises of K.R. Hospital. Apart from providing free services to Below Poverty Line (BPL) families, free medical services are also provided under various schemes of the Government."

Explaining further, Dr. Narendra said "Till date, 51,981 patients have been provided dialysis service at Mysuru Centre, while 1,800 are surgically operated. Daily, 60 to 80 patients are provided dialysis service. Though kidney is a tiny organ of our body, it plays a huge role. Hence, it is essential for all to be careful by keeping the kidney healthy. So, World Kidney Day is celebrated every year on the second Thursday of March, to create awareness among the people."

The theme for World Kidney Day-2023 is 'Preparing For The Unexpected, Supporting The Vulnerable.' It stresses on the significance of early diagnosis of kidney ailments, effective management and treatment. "According to a study, one among every 10 people suffers from kidney ailment. The main causes are high blood pressure, diabetes, obesity and family history of kidney ailment," Dr. Narendra added.

Principal of Sarada Vilas College of Pharmacy Dr. Hanumanthachar Joshi said 'It is not advised to take drugs unnecessarily as it will also lead to kidney ailment."

Doctors of Institute of Nephro-Urology, Mysuru Branch Dr. Shashikiran and Dr. Abhijith and NSS Officer of Sarada Vilas College Dr. Nagendra were present at the press meet.

Bicycle jatha, cricket tournament mark International Women's Day

(Continued from page 1)

Bicycle jatha: A bicycle jatha was organised for women by the Department of Health and Family Welfare and Mysuru and District Surveillance Office.

The rally was taken out from Kote Anjaneyaswamy Temple premises to the Deputy Commissioner's Office.

The jatha, organised under the slogan 'Healthy Women and Healthy India' was flagged off by Dr. Pushpalatha, Additional Director, Department of Health and Family Welfare, Bengaluru, Psychiatrist and 'Mrs. India' Dr. Sudharani, District Health Officer (DHO) Dr. K.H. Prasad, District Surveillance Officer Dr. Mahadev Prasad, District TB Control Officer Dr. Mohammed Siraj and Reproductive and Child Health (RCH) Officer Dr. M. S. Jayanth.

The jatha passed through K.R. Circle, Sayyaji Rao Road, Visvesvaraya Circle (Govt. Ayurveda Hospital Circle), Dr. Babu Jagjivan Ram Circle (Railway Station), Field Marshal K.M. Cariappa Circle (Hotel Metropole junction) before culminating at the DC's office.

Women's Cricket Tournament

At the Chamundi Vihar Stadium, an Under-19 Women's Cricket Tournament was organised by the Department of Youth Empowerment and Sports.

Deputy Commissioner Dr. K. V. Rajendra inaugurated the tournament by bowling a ball to a woman cricketer.

ಕರ್ನಾಟಕ ಗೃಹ ಮಂಡಳಿ

ಗೃಹ ಆಯುಕ್ತರವರ ಕಛೇರಿ, 3ನೇ ಮತ್ತು 4ನೇ ಮಹಡಿ, ಕಾವೇರಿ ಭವನ, ಕೆ.ಜಿ.ರಸ್ತೆ, ಬೆಂಗಳೂರು – 560009 ದೂರವಾಣಿ: 080–22273511–16

ಸಂಖ್ಯೆ: ಕಗೃಮಂ/ಕಾ.ಪಾ.ಅ/ಹಂಚಿಕೆ–10/2022–23 ದಿನಾಂಕ: 06–03–2023

ಸಾರ್ವಜನಿಕ ಪ್ರಕಟಣೆ

ಕರ್ನಾಟಕ ಗೃಹ ಮಂಡಳಿಯು ಮೆ॥ ಮೈಸೂರು ರಿಯಾಲಿಟಿ ಪ್ರೈ. ಲಿ., ಇವರ ಸಹಭಾಗಿತ್ವ ಯೋಜನೆಯಡಿ ಮೈಸೂರು ಜಿಲ್ಲೆ ಕೆಸರೆ ಗ್ರಾಮದ ಎರಡನೇ ಹಂತದ ಸರ್ವೆ ನಂ 188/1 ಮತ್ತು ಇತರೆ ಸರ್ವೆ ನಂಬರ್‌ನ ಒಟ್ಟು 21ಎ–36ಗು ವಿಸ್ತೀರ್ಣದ ಜಮೀನಿನಲ್ಲಿ ಸಾರ್ವಜನಿಕ ಸೌಲಭ್ಯಗಳೊಡನೆ ನಿವೇಶನಗಳನ್ನು ಅಭಿವೃದ್ಧಿಪಡಿಸಲಾಗಿದ್ದು, ಸದರಿ ನಿವೇಶನಗಳ ಹಂಚಿಕೆಗೆ ದಿನಾಂಕ: 03–02–2023 ರಂದು ವಿಜಯ ಕರ್ನಾಟಕ, ಟೈಮ್ಸ್ ಆಫ್ ಇಂಡಿಯಾ, ಸ್ಟಾರ್ ಆಫ್ ಮೈಸೂರು ಮತ್ತು ಅಂದೋಲನಾ ದಿನಪತ್ರಿಕೆಗಳಲ್ಲಿ ಪತ್ರಿಕಾ ಪ್ರಕಟಣೆ ನೀಡಿ ಸಾರ್ವಜನಿಕರಿಂದ ಅರ್ಜಿಗಳನ್ನು ಆಹ್ವಾನಿಸಲಾಗಿತ್ತು. ಅದರಂತೆ ಪ್ರಕಟಣೆಯಲ್ಲಿ ನಿಗಧಿಪಡಿಸಿದಂತೆ ಆರಂಭಿಕ ಠೇವಣಿ ಪಾವತಿ ಮಾಡಿ ಅರ್ಜಿ ಸಲ್ಲಿಸಿರುವ ಅರ್ಜಿದಾರರುಗಳಿಗೆ ಇ–ಲಾಟರಿ ಮುಖಾಂತರ ಹಂಚಿಕೆ ಮಾಡಲು ಈ ಕೆಳಕಂಡ ವೇಳಾಪಟ್ಟಿಯನ್ನು ನಿಗಧಿಪಡಿಸಲಾಗಿದೆ.

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ಹೆಚ್ಚಿನ ಮಾಹಿತಿಗಾಗಿ:–ಸಹಾಯಕ ಕಾರ್ಯಪಾಲಕ ಅಭಿಯಂತರರು, ಕ.ಗೃಮಂ, ಸರಸ್ವತಿಪುರಂ, ಮೈಸೂರು ಕಛೇರಿ ದೂರವಾಣಿ ಸಂಖ್ಯೆ:0821 2543237 ಕಾರ್ಯಪಾಲಕ ಅಭಿಯಂತರರು, ಹಂಚಿಕೆ ಶಾಖೆ ಮತ್ತು ಕಂದಾಯ ಅಧಿಕಾರಿ/ಸಹಾಯಕ ಕಂದಾಯ ಅಧಿಕಾರಿ, ಹಂಚಿಕೆ ಶಾಖೆ, ಕರ್ನಾಟಕ ಗೃಹ ಮಂಡಳಿ, ಬೆಂಗಳೂರು ಇವರನ್ನು ಖುದ್ದಾಗಿ ಅಥವಾ ದೂರವಾಣಿ ಸಂಖ್ಯೆ 080–22273511 307, 309ರಲ್ಲಿ ಸಂಪರ್ಕಿಸಬಹುದಾಗಿದೆ.

ಸಹಿ/–

ಗೃಹ ಆಯುಕ್ತರು, ಕರ್ನಾಟಕ ಗೃಹ ಮಂಡಳಿ, ಬೆಂಗಳೂರು

Women in policing: Breaking barriers & blazing a path

By Shadan Muneer

International Women's Day cherishes, celebrates and acknowledges the identity and achievements of women. The sacrifices, acts of courage, selfless compassion and love showered by women every single day of their lives are reiterated to instil faith and spread hope. Over the past decade, women's role in Indian society has undergone a dramatic and positive transformation.

The number of women participating in every activity has increased significantly even in the Police service which demands long and unpredictable hours in a hostile world. However, they have demonstrated that women are more suited to deal with policing requirements as they are endowed more than men with traits like patience, empathy, tolerance and sacrifice which are essential for democratic policing. On International Women's Day today, Mar. 8, *Star of Mysore* caught up with the most inspiring women leaders from the Mysuru Police force to know about their profession and personal life.

Seema Latkar - Superintendent of Police

My motto is to bridge gap between Police and public

Seema Latkar is a 2011 batch IPS Officer who had earlier served as DCP - Law and Order, Assistant Inspector General of Police - Crime, Anti-Terrorist Cell and CID in Bengaluru.

She studied at Jawahar Navodaya Vidyalaya, a residential school, which brought in a lot of discipline that shaped her personality. She completed her Master's in Computer Science. She has two daughters with her husband working as Vice-President at Tata Consultancy Services (TCS). Seema is passionate about photography and enjoys playing sitar.

Star of Mysore (SOM): Tell us about your journey and your inspirational career growth.

Seema Latkar: The foundation came from my schooling days when discipline and a sense of responsibility were instilled in me. My parents were the driving force behind my academic excellence and inspired me to become independent.

Public service always motivated me and getting a chance was sheer luck. My tenure of more than 3 years as DCP - Law and Order in Belagavi was exceptionally satisfying and rewarding as I gained huge experience in policing as AIGP - Crime. So far, I have enjoyed every bit of my journey.

SOM: How does it feel to be one of a few women top Cops? Was it difficult for you to break the glass ceiling?

Seema: It gives me the pride to serve areas concerning women, children and deprived sections of society and when the outcome is positive, it gives you a sense of satisfaction. Whereas breaking the glass ceiling is concerned, fortunately, it wasn't difficult. Overall, it's a completely different scenario compared to earlier times. Today, their societal role has undergone a positive transformation and is on par with men.

SOM: Do you face any challenges in your profession?

Seema: Challenges are part of every profession. Serving in a sensitive district of Mysuru, especially with the upcoming elections, is challenging and at times long, stressful and unpredictable working hours. It is not easy but we need to accept the nature of our job.

Rural policing is different from urban and metropolitan policing with regard to the nature of crime, law and order. However, Mysuru has special features which require a different approach and style of functioning. At the end of the day, the sense of satisfaction with regard to your work makes it worth it. Whereas gender disparity, once I don the uniform, I have never experienced any. People have become more accepting now.

SOM: How do you instil confidence in women to come out and report crimes against them?

Seema: My motto is to build a bridge between Police and public. Instilling confidence in women must start at an early age; parents and teachers must play an important role in building up confidence in a little girl so that she doesn't suffer crimes. Women must come forward and talk to us. There are several laws for women against crimes. We are always there to help them. We conduct awareness programmes in schools and colleges and educate them about their rights.

SOM: Late working hours are getting common and women travel alone late. What safety measures are being taken to make Mysuru safe?

Seema: We have separate patrolling for women's safety that takes care of it and emergency helpline number 112 has evoked a positive response. Women can definitely reach out to 112 in case of emergencies and help is on its way. Proper streetlights also adds to their safety. Industries arrange transport for women employees which is a boon.

SOM: Cybercrimes are also becoming common.

Seema: Cybercrime and social media are borderless having international ramifications at times. Having worked in State Police Headquarters has helped me understand handling such crimes. Awareness, training and educating masses, especially senior citizens about fintech internet banking are important. Reporting without delay is a key factor.

SOM: Would you encourage more women to join the Police force?

Seema: Definitely yes. There is a lot of scope and 33 percent reservation. Women joining the Police is also crucial for society as they are more suited to deal with the requirements of womenfolk and children. It also becomes a bit easier for women to open up and share their problems with women Police.

SOM: Being a woman boss is not easy to balance work and family. How do you strike a balance? What are your other interests?

Seema: Like every working mother I too sometimes feel guilty for not devoting enough time to my family but I am blessed to have a supportive family that understands my profession and have adjusted themselves. This helps me give my 100 percent for my profession.

My family is my major stress-buster and I am passionate about photography and enjoy playing sitar. I am also a fitness enthusiast and make sure to indulge in physical activity every day and advise my officers too to stay fit.

SOM: What message would you like to give to the women of today?

Seema: Life is full of opportunities; you must come out of your comfort zone and explore and identify your strengths and potentials and work on them. Having an aim in life and becoming self-sufficient is very important. There is something special about women who dominate in a man's world, it takes a certain amount of grace, strength, intelligence and fearlessness.

S. Jahnavi, DCP - Crime and Traffic

Women have accomplished every unexplored bastion

S. Jahnavi is a 2008 batch Karnataka State Police Service Officer who had earlier worked in Bengaluru, Kalaburagi and Kolar and in special units such as Forensic Science Laboratory (FSL), Crime Investigation Department (CID) and Internal Security Division (ISD). A resident of Bengaluru, Jahnavi completed her M.Sc in Psychology from Bangalore University. With a flair for reading, she also enjoys listening to music.

Star of Mysore (SOM): UPSC is one of the toughest exams. Tell us about the motivation and preparation which has carried you to this top position.

Jahnavi: Right from my childhood days I wanted to clear the UPSC exam which was my main motivation. Throughout my career, I have worked in various departments and special units and attained an overall understanding and experience of working with the public. Psychology M.Sc also helped as it has a bearing on how we interact with public. My parents have been my biggest motivators and backbone for everything that I have achieved.

SOM: Have you encountered any negativity because of your gender?

Jahnavi: Not at all. It is your performance as a public servant that matters and gains you respect and gender has no bearing. Times have changed and the roles have shifted. Women have entered and accomplished every unexplored bastion.

SOM: What are the pros and cons of being a woman top cop?

Jahnavi: There are a lot of pros because we are both sensible and sensitive. We have a holistic approach with a humane touch to deal with problems and I think women are good administrators and have a better understanding. We are tolerant and we are receptive which is the biggest positive factor. I don't think there are any cons attached to it.

SOM: Measures taken to manage traffic and instil road sense to ensure safety.

Jahnavi: We are trying to have a scientific approach to reduce accidents, loss of life and injuries. We also work together with other departments like PWD, NHAI to implement changes including scientific and structural. We conduct road safety committee meetings and discuss structural changes like putting speed-breakers, traffic signals and zebra crossings.

SOM: Has imposing penalties helped curb traffic violations?

Jahnavi: Imposing penalties are only for violators. It is also a kind of awareness so that they don't repeat. By side-stepping these rules, they invite problems for themselves and risk other lives. They must understand that following traffic rules is not to show the Police but for their own safety.

SOM: Would you encourage women, especially housewives, to learn driving?

Jahnavi: We will definitely take this as a suggestion and think of something where we can actually do it. Our priority has always been concentrating on avoiding accidents and regulating traffic. By learning to ride and drive, women can empower themselves and run their chores without having to rely on men.

SOM: Your message to the public about riding and driving.

Jahnavi: Today, roads have become congested because of the increase in vehicles. You have to drive carefully, obey traffic rules, concentrate at all times, maintain a safe speed, give correct signals and buckle up or wear a helmet. I also urge people to use public transport as much as possible as this can de-congest roads.

SOM: What do you have to say about woman empowerment?

Jahnavi: It has to start from the beginning. Parents have to instil confidence and belief in girls that anything and everything is achievable. Both of us having this conversation itself is proof that women are marching progressively towards empowerment. Everyone is special and is biologically and naturally empowered but need to be encouraged so that they can achieve their goals fearlessly.

Dr. B.N. Nandini, Additional Superintendent of Police

Women are dexterous and born multi-taskers

Dr. B.N. Nandini took charge in July 2022. A native of Mandya, she completed her education in her native district and attained her Ph.D. in Kannada Literature. Born to farmer parents, this gusty woman started her career as a teacher and also worked as a Panchayat Development Officer. She cracked the KPSC exam and entered into Police services. She had earlier served as the Dy.SP in Shivamogga and as ASP in Hassan for four years. She is passionate about gardening and is an avid reader who enjoys spending time with her son.

Star of Mysore (SOM): Hailing from a rural area to reach such a high position is inspiring. Tell us about your formative years.

Nandini: I primarily studied at Government institutions and I have always been self-motivated. My parents encouraged me and my siblings to do well academically. The rural atmosphere made me independent at an early age and I was inclined towards serving people. I initially started my career as a teacher and also served as PDO. Later I cleared KPSC and got trained at Karnataka Police Academy.

SOM: Did you have to face gender disparity?

Nandini: Once we wear the uniform, all are equal. We do the same job as men, be it shooting, training or running. Fortunately, I haven't experienced any discrimination. It all depends on perception and our behaviour and attitude also count.

SOM: Are common crimes against women on the rise or seeing a declining trend? What steps are being taken to handle this?

Nandini: During COVID-19, domestic abuse cases were high as there was an imbalance at home and financial insecurities. In the current situation, cases relating to physical violence are low as women are becoming more financially independent and confident. But it doesn't mean that working women do not face harassment. Mental and emotional torture cases still exist. When women come to us to report a case, we start with counselling. We also suggest psychiatric counselling for women who are mentally disturbed. Cases against physical harassment and domestic violence depend on the gravity of the case and an FIR can be filed.

SOM: Do you conduct workshops for girls in rural areas regarding safety?

Nandini: Yes. We have a beat system which includes visiting schools compulsorily in rural areas and educating them about child marriage, POCSO Act, traffic rules, illegal activities and their rights. These interaction sessions build up their confidence.

SOM: Are women's helpline numbers beneficial? How do they function?

Nandini: The centrally-controlled emergency helpline 112 has been functioning well and getting positive feedback. We have 13 GPS-attached vehicles parked at different locations. Once we get a call, the nearest vehicle starts immediately; we get around 80 calls a day and the response time is between 15 - 18 minutes but depends on the location.

SOM: Give us some tips for women's safety and self-defence.

Nandini: You must act responsibly, be vigilant and act swiftly when need arises. Simple safety techniques will also be useful and how you handle the situation is important. You can defend yourself only when you are confident. Carrying pepper spray is not a bad idea if you are in an isolated place. Society as a whole also needs to play a responsible role because Police cannot be present everywhere and at every time.

SOM: It must be challenging for you to manage personal chores. What do you like doing in your free time?

Nandini: I don't find it difficult to strike a balance. Women are dexterous and are born multi-taskers. They can juggle multiple roles and balance home and profession with ease. For me, patience is the key and family support goes a long way. To strike a balance, it is important not to mix both. Proper time management also plays a role and doing things right saves a lot of time.

I like reading and enjoy gardening too. I listen to light music and spending time with my son is something that I look forward to. Yoga is also part of my daily routine.

SOM: What's your take on Women's Day?

Nandini: Women have the power to bring in a new life. They are the strength of society and have come a long way. It is nice to celebrate womanhood and exchange greetings. Every woman is an inspiration and deserves to be respected and applauded.

International Women's Day

Women jail inmates become assistant beauty therapists

Starting afresh: Women in Mysuru Central Prison upskill themselves to lead a dignified life

Mysuru, Mar. 8 (LNY&BCT)- The Mysuru Central Prison is home to over 38 women prisoners, both convicts and undertrials, who engage themselves in beauty parlour training and also attend coir mat-making, tailoring and embroidery classes.

This jail is all set to break the stereotypical standards applied to beauty and the women will take charge of handing out services like pedicures, manicures, facials, massages, hair cutting, hair dyeing, spa treatments, grooming services and many more. A practical lab for the same has been established in the premises of the Mysuru Jail.

The activities have helped them shed their past baggage and hope for a future where they can earn and gain recognition using the skills they are learning now. Many of them have completed a three-month beautician training course in the jail and will carry an 'Assistant Beauty Therapist' certificate qualifying them to work in beauty salons when they get out of prison.

K.C. Divyashree
Chief Superintendent, Mysuru Jail

An agent of rehabilitation

"This is one of the humanisation reforms introduced in prisons that aim to weaken the prison's function as an institute of punishment while strengthening its role as an agent of rehabilitation and ensuring prisoners' rights," **Chief Superintendent of Mysuru Central Prison K.C. Divyashree** told *Star of Mysore.*

"We always assume the prisons are in deplorable conditions and the inmates aren't treated well. Because, they deserve to be tormented for their crimes, even when they're serving jail term. But the whole point of putting someone in confinement is to reform them and make them better so they can be of good use to society and make amends for the crimes they have committed," she added.

Of the 38 convicts and undertrials, 20 of them have expertise in enhancing beauty and have undergone the three-month training. The certificate will be handed over after a detailed assessment and examination by the Karnataka Skill Development Authority (KSDA) as the courses have been accredited by KSDA.

Contribution from CSR initiative

"We appointed Royal Computers to provide the professional expertise and the programme has been sponsored by J.K. Tyre under its Corporate Social Responsibility (CSR) funds. Every day, the beautician training was imparted for four hours and the trainers used to get the training equipment. Before the KSDA assesses the trainees, they will be examined and their skills will be tested by an independent third-party firm and they will also certify and rate them as per their skillsets," Divyashree said.

"All these courses are being taught free of cost and the inmates will have the liberty to pursue them. This is to help women prisoners become self-sufficient and lead dignified lives after they complete their jail term. With the KSDA certification, women can obtain loans from Banks to start a beauty parlour or even work in any parlour to support their families," she added.

Other skill-based activities

Apart from beautician course, the Karnataka State Coir Development Corporation is training the women in coir mat-making after making ropes out of coir strands. "We provide them wages for their work as per the Karnataka Minimum Wages Act and the income generated out of the product sale is deposited to the accounts of the women so that they can either send money to their families or use them to purchase essentials," Divyashree noted.

Inmates are also trained to make garlands by Tumakuru-based Rekha Creations and are taught embroidery, saree and blouse embellishment work. The women jail employees are working dedicatedly and they understand the problem of women inmates and are empathetic towards them. The staff also takes a keen interest in the reformation and other welfare activities for the inmates.

"Staying away from their families and children, many women prisoners suffer anxiety and these activities ensure their mental well-being and also help them to lead an independent and self-reliant life. They will also be in a position to support their families financially," she added.■

Jail inmates engaged in garland and rope making at the Mysuru Central Jail premises.

[Pics & inputs by M.N. Lakshminarayana Yadav]

International Women's Day

Timeless melodies of a living legend

Gowri Kuppuswamy

By B. Sreekantswamy

Sa Re Ga Ma... Pa Da Ni Sa... the pitch of reverberating musical notes rendered in chorus that make for the common impression of any music teacher's house has fallen silent. But, mention music, the talk that follows, lasts for over two hours, albeit with short breaks and the help of interpreters. For a musician, what inspires the most is connoisseurs who swoon over 'raga' and 'tala' in sync with the performance of a vocalist. No matter whether the audience is a mix of amateur or accomplished music buffs, what allows the music to flow, is the common rhythm of the cognoscenti.

Till two years ago, when COVID-19 pandemic altered the life of people to a larger extent, Dr. Gowri Kuppuswamy, a renowned vocalist, taught students interested in Karnatak Classical music at her flat in Jayalakshmipuram in city. Though age took a toll on her health, what kept her going was her passion for initiating the uninitiated into the field of music.

When *Star of Mysore* Correspondent visited her flat on a cozy evening, the 92-year-old Gowri Kuppuswamy greeted with a smile on her face, firmly seated on a cane chair. It was her penchant for music again that had prompted Gowri Kuppuswamy to share her views at this rickety age, with music topping the chart of questions that followed later.

For Mysureans, especially those having a taste for music, Gowri Kuppuswamy is a known name, who for over five decades was a vocalist in demand, performing at three concerts in a day. Be it any occasion — cultural event or marriage, Ganesha festival or any auspicious occasion, Gowri Kuppuswamy was the first choice. Such was the power of her soothing voice that transcended music lovers into a different world. It was a mix of classical music and Bhavageethe with only Rashtrakavi Kuvempu's poetries finding life in her melodious voice, the few lines of which she also sang.

For record, Gowri Kuppuswamy was born on Aug. 3, 1931 to R. Natesan and Balakujam couple in Pudukkottai district in Tamil Nadu. Having an

92-year-old Gowri Kuppuswamy

inclination towards music as a child, it was her upbringing at her maternal grandparents home in Pudukkottai that naturally ingrained music in her.

Gowri Kuppuswamy was 15 when she got married to Kuppuswamy on June 3, 1946 at Pudukkottai. Kuppuswamy was working as a scientist in Bengaluru, before he got a job in the newly founded Central Food Technological Research Institute (CFTRI), Mysuru, in 1950.

It seems to be divine intervention, as Mysuru, which had produced doyens of music, percussionists and composers like Mysore Vasudevacharya, Mysore Varadacharya, Veene Seshanna, Piteel Chowdiah a violinist of repute (grandfather of late actor M.H. Ambarish) to name a few, got a new addition in Gowri Kuppuswamy, who goes on to set a new precedent in the field of music.

As said, owing to age and diminishing energy, Gowri Kuppuswamy cannot speak at one go, with her son and daughter-in-law adding on her behalf, recollecting whatever they have heard from her, to the perfection.

Gowri Kuppuswamy reminisces how Piteel Chowdiah, who heard her singing, coaxed her to perform at Bidaram Krishnappa Sri Rama Mandira, Shivarampet in the city. A known name already, Chowdiah was smitten by the mellifluous voice of Gowri Kuppuswamy. He encouraged her further and since then there was no looking back for Gowri Kuppuswamy.

Wadiyars, the royal family of Mysore, during whose rule, stalwarts in music were produced under their patronage, were also quick to notice the talent of Gowri Kuppuswamy.

As she recalls, "I have sung at the marriage of Gayatri (referring to late Gayatri Devi, the eldest daughter of Jayachamaraja Wadiyar). I have presented concerts in most of the ceremonies of royal family including their marriages." Her tryst with music got a deeper connotation, when she joined University College of Fine Arts, Manasagangothri, as a lecturer in Vocal Music since its inception in 1967.

How it happened is another interesting story, as Gowri Kuppuswamy vividly remembers. "I was summoned by the then Vice-Chancellor of Mysore University Prof. D. Javaregowda (Dejagow), who was keen on having me as a faculty. From PUC to MA in Music, I taught many students, till I retired in 1992, after 25 years of service."

After having read till here, many may be wondering, why does the suffix 'Kuppuswamy' follow in each and every mention of Gowri and the answer is worth it. Kuppuswamy was not just a spouse, but also a great pillar of support to his wife.

"From preparing the notes for the concert including the timings and arranging transport, with required wherewithal, all was handled amicably by Kuppuswamy. The attention to details by Kuppuswamy was often evident, when he used to remind his wife of stretching of the timing of a rendition by bit," recalls her son Dr. M. Hariharan (who retired as Special Officer, Government of Pondicherry), who spoke the words of his mother, along with his wife V.S. Rama, a former student of Gowri Kuppuswamy.

Kuppuswamy passed away at the age of 87 on Oct. 1, 2010. Since then, Gowri Kuppuswamy has been living with her son in Pondicherry, but often travels down to Mysuru to stay for a few months here, as she feels indebted to the city for giving her everything.

Learnt Kannada

Gowri Kuppuswamy, a Tamilian by birth, deserves a standing ovation, for how she picked up the smatterings of Kannada and perfected in the language of the land, which she made it her home after her native Tamil Nadu. It is evident with the musical notations — written in Kannada, still preserved by Rama, who was her student in early 80s.

"I was learning music under the tutelage of Amma (Gowri Kuppuswamy), when she sought my hand for her son," chuckles Rama, who has etched in her memory every details of Amma.

Music Masters

Gowri Kuppuswamy still recalls names of 'Kalaimamani' Kolkata K.S. Krishnamurthy, 'Kalaimamani' late S. Kalyanaraman, 'Sangeetha Kalanidhi' *Padma Bhushan* late M.L. Vasanthakumari and 'Sangeetha Kalanidhi' *Padma Bhushan* R.K. Srikantan from whom she learnt music and fine tuned her prowess in vocal in different stages of life.

Concerts

The concerts include Ganapathi festival at 101 Ganapathi temple, Agrahara, Mysuru, where she performed for 25 years, Chowdiah Smaraka Ramotsava Samiti, Mysuru, Nada Brahma Sangeetha Sabha, Mysuru, Gayana Samaja, Bengaluru, Malleshwaram Sangeetha Sabha, Bengaluru, Rajagalaya, Bengaluru, Hubli Sangeetha Sabha, Hubballi, Music Academy, Madras, Annamacharya Sangeetha Samiti, Tirupati, Rasika Ranjani Sabha, Calicut, Cochin Sangeetha Sabha, Ernakulam, to name a few.

For over 50 years, Gowri Kuppuswamy enthralled music buffs on radio as she regularly performed from Mysuru, Dharwad, Madras and Pondicherry Stations of All India Radio (AIR) besides performing on TV from Tashkent (USSR), Singapore and Trivandrum.

Gowri Kuppuswamy was awarded Ph.D degree for her thesis 'A Comparative Study of the Scales of Karnatak and Western Music' by Arizona University, USA, way back in 1982 and was conferred Hon. Doctorate by Karnataka State Dr. Gangubai Hangal University for Music and Performing Arts, Mysuru, on March 7, 2017.

Gowri Kuppuswamy was recently chosen for the one-time Sangeet Natak Akademi Amrit Award-2022 (Karnatak Music) which she is yet to receive from the President of India.

Author of Books

She has jointly authored 45 books with Dr. M. Hariharan including *The Ragas of Tanjore*, *Tillana* (in Tamil), *Purandaradasar Sahityangal* (Tamil), *Purandaradasara Kritigalu* (Kannada), *Music of Indian Art and Archaeology* (English) to name a few. While three more books are ready to go to print.

Dancer-Daughter-Doctor

Gowri Kuppuswamy's daughter Dr. Radhika Prabhakar, who is Pathologist in Singapore, was a Bharatanatyam dancer, who had performed for a charity show of Ganabharathi in Kuvempunagar. Radhika's husband Dr. K.S. Prabhakar is a Nephrologist at Jeddah, Saudi Arabia ▪

Gowri Kuppuswamy with her son Dr. M. Hariharan and daughter-in-law V.S. Rama Hariharan at their flat in Jayalakshmipuram.

International Women's Day

Mysuru Fashionista at Golden Globes

Prerana Srikantappa behind Tollywood star Ram Charan as 'Best Styled Man'

By B. Sreekantswamy

Prerana Srikantappa from Mysuru is pursuing her Master's in Fashion Merchandising at Los Angeles, California, USA, besides working as an assistant stylist. Recently, she got to style Tollywood actor Ram Charan for Golden Globes 2023. Naatu Naatu... **song of 'RRR' with Ram Charan and Jr NTR in the lead roles won the award in the category of best original song.**

Looking dapper in Tarun Tahiliani, Ram Charan graced the red carpet in a sleek all black outfit at the Beverly Hilton Hotel in Los Angeles.

As an assistant stylist, Prerana Srikantappa helped bring the ensemble together. The red carpet look was the talk of the town as Ram Charan made it to the best dressed men's list at the Golden Globes. Eventhough she studied Engineering, Prerana had a passion for fashion and chose a career in the fashion industry as a stylist.

Twenty-five-year-old Prerana started off her journey with one of the biggest stars of Bollywood — Deepika Padukone. She assisted in pulling looks for Deepika Padukone for Cannes Film Festival 2022.

Amid her busy schedule and excited with Ram Charan attending Oscars on March 12, Prerana made time for an interview with *Star of Mysore*. **Excerpts:**

Prerana Srikantappa with Tollywood actor Ram Charan.

Star of Mysore (SOM): It's no surprise that you have achieved excellence for being the woman behind Ram Charan's sartorial elegance at the Golden Globes 2023. Can you recall the experience?

Prerana Srikantappa: Thank you so much. I was in Los Angeles preparing for fashion week when I got the call. I had, of course, heard about RRR's successful theatrical run around the world, crossing over Rs. 1,200 crore (in box office), but working with the lead, Ram Charan, was itself a greater honour for me. We had some amazing looks from celebrated Indian designers for the Golden Globes. Our purpose was to represent our culture on a global platform and I believe we have achieved that.

SOM: In the recent years, Mysureans are also making a mark at global level. What are your thoughts on it ?

Prerana: Absolutely. Mysureans are exceptionally talented. The city is full of people who want to make a name for themselves. Now, more than ever, there is an increase of individuals wanting to pursue their dreams and their own calling in life or career and that just shows that when we stay true to ourselves, we can be unstoppable.

SOM: Hailing from Cultural Capital Mysuru, you have been setting a precedent in fashion industry. How did the interest in fashion begin ?

Prerana: I had a very conventional upbringing and my educational background was in the field of computer science and engineering at Sri Jayachamarajendra College of Engineering (SJCE), Mysuru, but I always had a passion for fashion. Like any other girls, it started off as a game at home — dressing up in my room and then I realised I could make a career out of it.

Fashion, art and culture is something that moves me and I'm just grateful to be doing what I love. Mysuru is also home to some of the best art in the world.

Today, when I'm working with brands and clients including Bollywood actor Deepika Padukone, Tollywood actor Ram Charan, Cardi B and Dj Khaled, I do believe that in some ways, the city did play a big role in my interest towards design and art.

SOM: Mysureans are known for their unique traits that make it rather easy to be recognised even among the diaspora abroad. What is that in you and the fellow Mysureans abroad that often makes this happen ?

Prerana: Growing up in Mysuru taught me a lot. Being around hard-working, talented, and creative individuals was extremely motivating. I think, when we move to another country, we strive to make our city and family proud and represent them in the best way possible. I look up to my parents the most. They came from humble beginnings and yet gave me the life they wish they had. They are my biggest motivators and I hope to give back to them one day.

SOM: Coming back to Ram Charan's outfit at the Golden Globes, how did the choice go about?

Prerana: When I'm working on big projects and huge red carpet events, we usually have numerous fittings before and fly out the selected outfits to the location. On the day of Golden Globes, we were still unsure of which outfit would make it on the red carpet. After a couple of trials, we went ahead with Tarun Tahiliani's all-black bandhgala. The outfit exudes simplicity, sophistication and skilful craftsmanship.

The ensemble made waves in Hollywood when Ram Charan made it to the best dressed men's list. It is absolutely beautiful to have our tradition and culture appreciated by the fashion industry. I look forward to styling Ram Charan for the Oscars (on Mar. 12) which is approaching soon and I'm very excited for everyone to see his outfits.

Prerana with her father B. Srikantappa, Inspector General of Police (Retd.) and mother, residents of Vijayanagar III Stage, Mysuru.

MOVIE LOVERS

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  Dooradarshana (K) - 4 Shows
- **Padma Theatre** — Ph: 2521923
  Thunivu (Ta) - 4 Shows
- **Woodlands Theatre** — Ph: 2422871
  Kaasina Sara (K) - 2 Shows; *Beega (K)* - 2 Shows
- **Rajkamal Theatre** — Ph: 2423554
  Bagheera (Ta) - 4 Shows
- **Thibbadevi Theatre** — Ph: 2452958
  Amigos (Te) - 4 Shows
- **Mahadeshwara Theatre** — Mob: 99008-20093
  Varisu (Ta) - 4 Shows
- **Lido Theatre** — Ph: 2420885
  Kranti (K) - 4 Shows
- **Prabha Theatre** — Mob: 98454-14691
  Ambassador (K) - 4 Shows
- **Balaji Theatre** — Ph: 2497199
  Selfiee (H) - 4 Shows
- **Uma Theatre** — Ph: 2520009
  Day and Someone (Te) - 4 Shows

DRC CINEMAS — Ph: 4240422, 4241800

Kaasina Sara (K)	(S-1)	10.25 am
Bagheera (Ta)	(S-1)	1.25 pm
Ant Man & the Wasp (E-3D)	(S-1)	4.20 pm
19.20.21 (K)	(S-1)	7.00 pm, 9.55 pm
Prajarajya (K)	(S-2)	10.20 am
Hondisi Bareyiri (K)	(S-2)	1.10 pm
Dooradarshana (K)	(S-2)	4.10 pm
Love Birds (K)	(S-2)	7.10 pm
Kadala Theerada Bhargava (K)	(S-2)	9.55 pm
Romancham (Ma)	(S-3)	10.50 am
Vaathi (Ta)	(S-3)	1.25 pm
Ambassador (K)	(S-3)	4.10 pm
Oh My Darling (Ma)	(S-3)	7.00 pm
Pakalam Pathiravum (Ma)	(S-3)	9.50 pm
Creed III (E)	(S-4)	11.00 am, 7.10 pm, 9.45 pm
Kidugu (Ta)	(S-4)	1.45 pm
Pathaan (H)	(S-4)	4.15 pm

MYSURU VISION CINEMAS — Ph: 0821 - 2973519

Ondanke Kaadu (K)	:	1.15 pm
Love Birds (K)	:	1.20 pm, 4.00 pm
Prajarajya (K)	:	4.00 pm, 7.00 pm
In Car (K)	:	6.45 pm

PVR CINEMAS — 4K Dolby 7.1

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Creed III (E)	:	11.05 am, 1.45 pm, 4.25 pm, 7.05 pm, 9.45 pm
Bagheera (Ta)	:	11.55 am, 6.20 pm, 9.30 pm
Chandni (1989) (H)	:	12.00 noon
Jab We Met (H)	:	12.25 pm
Ant-man and the Wasp (E-3D)	:	12.45 pm, 3.35 pm, 6.25 pm, 9.15 pm
Dooradarshana (K)	:	1.05 pm
Kadala Theerada Bhargava (K)	:	3.05 pm
Sir (Te)	:	3.25 pm, 9.30 pm
Pathaan (H)	:	3.45 pm, 9.55 pm
19.20.21 (K)	:	4.05 pm
Selfiee (H)	:	6.25 pm
Aruvi (Ta)	:	7.00 pm
Pakalum Pathiravum (Ma)	:	7.20 pm
Pranaya Vilasam (Ma)	:	10.00 pm

1st Floor, Garuda Mall. Mob: 9901373210

Pathaan (H)	:	11.45 am, 6.15 pm
Ant-man and the Wasp (E-3D)	:	12.10 pm, 6.10 pm, 9.00 pm
Ondanke Kaadu (K)	:	12.30 pm
Sir (Te)	:	1.05 pm, 7.00 pm, 9.30 pm
Bagheera (Ta)	:	3.00 pm
Jab We Met (H)	:	3.00 pm
Beega (K)	:	3.15 pm
Love Birds (K)	:	4.05 pm, 10:00 pm
Naakumukha (K)	:	6.10 pm
Oh My Darling (Ma)	:	9.15 pm

Achievers from various fields feted at 'Nalivina Payana-44'

Noted music and dance critic Dr. Rama V. Bennur, Bharatanatyam Guru Vidu. Srilakshmi Kumar and music and gamaka exponent Vidu. Dharitri Ananda Rao being felicitated for their achievements in their respective fields by Ananya G.M.L. Cultural Academy, Bengaluru, Managing Trustee Dr. R.V. Raghavendra during the 'Nalivina Payana-44 Haridasa Sahitya Sangeetha Nritya Sambrama' organised jointly by Nrityalaya Trust, Mysuru and Ministry of Culture, Government of India, at Ramagovinda Rangamandira in Ganabharathi premises on Adichunchanagiri Road in city recently as Nrityalaya Trust Chairperson Dr. Tulasi Ramachandra, Vice-President Preethi Srikant, Treasurer Usha Panchanandan and others look on.

EVENTS TODAY (MARCH 8)

- **Jivan Jyot Welfare Federation, Vadodara (Gujarat):** Craft Bazaar, an exhibition-cum-sale of handicrafts, JSS Mysore Urban Haat, Hebbal Industrial Area, Ring Road, **up to 9 pm.**
- **Sahara Art and Crafts Shopping Festival:** Handicraft and Handloom expo-cum-sale, Scouts and Guides Grounds, behind DC's Office, **up to 9.30 pm.**
- **Samarthanam Trust for Disabled, Mysuru:** Cultural evening-2023, Mini Theatre, Kalamandira premises, Hunsur Road, **4 pm to 9.30 pm.**
- **Bharath Hospital and Institute of Oncology (BHIO):** International Women's Day celebrations ['Celebrating the unsung heroines'], felicitation to women who inspire change and break the bias everyday, Prof. Dr. R. Indira, Dr. Y.S. Madhavi, MS and CRO, BHIO and Bhagya Ajaikumar, Director, BHIO, chief guests, Dr. B.S. Ajaikumar, Chairman, BHIO and Executive Chairman, HealthCare Global Enterprises Limited, Kalamandira, Hunsur Road, **5 pm.** [Mob: 99454-33300 or 95388-86610]
- **Institution of Engineers-India (IEI), Mysuru Local Centre:** International Women's Day celebrations, CFTRI retd. Chief Scientist Dr. Renu Agarwal chief guest, Institution of Engineers Mysuru Chairman B.S. Prabhakara presides, S.P. Bhat Hall, Institution of Engineers Mysuru, JLB Road, **6 pm.**

EVENTS TOMORROW (MARCH 9)

- **Jivan Jyot Welfare Federation, Vadodara (Gujarat):** Craft Bazaar, an exhibition-cum-sale of handicrafts, JSS Mysore Urban Haat, Hebbal Industrial Area, Ring Road, **10 am to 9 pm.**
- **Sahara Art and Crafts Shopping Festival:** Handicraft and Handloom expo-cum-sale, Scouts and Guides Grounds, behind DC's Office, **10.30 am to 9.30 pm.**
- **Samskrthi Trust, Mysuru and Kannada Development Authority, Bengaluru:** Closing Ceremony of Kannada Drushya Kavya Kusuma, Kannada Javali and Anthapura Geete Learning Workshop and Cultural Programme [renowned Bharatanatyam artiste Dr. Kripa Phadke resource person], Kannada Geeta Amrita by Dr. M. Shivakumar, music artiste, Mandya, **5.30 pm;** Closing Ceremony Inauguration by Dr. Tulsi Ramachandra, Director, Nrityalaya Trust, Mysuru, Dr. Deepa Phadke, author, Bengaluru, chief guest, Dr. Santosh Hanagal, Secretary, Kannada Development Authority, presides, **6.15 pm;** 'Kannada Nrutya Amrutha' dance performance by the workshop artistes, Nrutyagiri, No. 16/1, Preeti Layout, Srirampur, 3rd Phase, **7 pm onwards.** [Mob: 98453-28355 or 94487-70741]
- **Sri Ramakrishna Ashram:** Swami Jnanayoganandaji speaks on 'Adhyatma Ramayana,' Ashram premises, Yadavagiri, **6 pm.**
- **Chinmaya Mission:** Krishna Rao Prakash delivers discourse on 'Patanjaliya Yoga Sootragalu - Samadhi Paada,' Yajnashale, Datta Sannidhi, Chinmaya Mission, Gokulam, **6 pm.**

INOX LIVE the MOVIE

Mall of Mysore - Mob. : 7829999465

Pathaan (H)	(S-4)	12.25 pm, 9.20 pm
Ant-man and the Wasp (E-3D)	(S-1)	12.35 pm, 6.20 pm, 9.10 pm
Love Birds (K)	(S-1)	3.15 pm; (S-2) 1.35 pm
	(S-3)	6.00 pm, 8.50 pm
Pranayavilasam (Ma)	(S-4)	6.55 pm
Selfiee (H)	(S-3)	12.05 pm
Creed III (E)	(S-2)	11 am, 4.20 pm, 6.55 pm, 9.30 pm
Dooradarshana (K)	(S-3)	3.05 pm
Kasina Sara (K)	(S-4)	3.25 pm

INOX Centro Mysore - Mob. : 9606976757

Ant-man and the Wasp (E-3D)	(S-3)	4.10 pm, 9.45 pm
Love Birds (K)	(S-2)	12.35 pm, 3.20 pm
Bagheera (Ta)	(S-1)	9.15 pm; (S-2) 12.15 pm
Pathaan (H)	(S-3)	1.10 pm
Jab We Met (H)	(S-2)	9.00 pm
19.20.21 (K)	(S-2)	5.55 pm
Ondanke Kaadu (K)	(S-2)	3.15 pm
Kadala Theerada Bhargava (K)	(S-4)	6.20 pm
Dooradarshana (K)	(S-3)	6.50 pm
Beegaa (K)	(S-4)	12.40 pm
Prajarajya (K)	(S-4)	3.25 pm
Kasina Sara (K)	(S-1)	6.05 pm
Pakalum Paathiraavum (Ma)	(S-4)	10.30 pm

NOTE: Movie timings published here are subject to sudden change by the theatre managements. The films are also liable to be changed in multiplexes if there are no minimum audience of 15.

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Jhansi Lakshmibai Road, JLB Road - 5
Org. by: Surya Agency Pvt. Ltd.

EVERGREEN GARDEN

We undertake Garden Drafting, Lawn, Machine Lawn Cutting, Medicine, Fertilizer. Total Garden Maintenance. Contact: Venkatesh.G. WhatsApp No

9353898380/9886032716

WANTED ACCOUNTANT

B.Com with experience in Company Accounting

Contact: MANASA DEVELOPERS

#2877, 6th Cross,V.V.Mohalla

manasadevelopers@gmail.com

0821- 4526677

KAMAKSHI HOSPITAL

Kuvempu Nagar, Mysuru- 570 009

Ph: 0821-2545981/2

NOTICE

This is to inform that as per the code of Ethics Regulations, 2002 (published in Part III Section 4 of the Gazette of India, dated 6th April, 2002) as per the Medical Council of India, with respect to retention of policies of medical records, we are hereby shredding the inactive medical records of the In-patients in our hospital between the period from 01-04-2010 to 31-03-2018 & as Out-patients from 01-04-2012 to 31-03-2020. Hence, if any patients are interested to collect their records of that period can contact the Medical Records Department of our hospital within 7 days of this advertisement and to collect those records by producing relevant documents for identification. (Conditions apply). This excludes the mortality and medico legal medical records.

Sd/- Administrator

SILENT SHORES RESORT & SPA

TENDER FOR ANNUAL CONTRACT

Sealed tenders are invited for supplying the following items to the hotel on an annual contract basis for the period April 2023 to March 2024

- Vegetables
- Fruits
- Dairy Products (Milk / Unsalted Butter etc.)
- Ice Creams
- Mutton
- Chicken
- Seafood
- Meat (Pork, Sausages etc.)
- Cleaning Supplies
- F&B Catering Supplies
- General Stationery
- Groceries / Provisions (Rice / Oil etc.)
- Electricals (LED Bulbs, Fittings etc.)
- Electronics (Printers, CCTV, Computer, UPS etc.)
- Plumbing Supplies
- Paints
- Scrap Clearance
- Frozen Items

All vendors are to comply with FSSAI Act / GST / Shops & Establishments Act. The right to select / reject any tender without assigning any reason thereof, reserved.

Last date for application issue: 20/03/2023

Last date for receiving sealed application: 25/03/2023

Cost of application (direct) per item: Rs. 500/-

Contact : **MANAGER** - Purchase, Kaynes Hotels Pvt Ltd. # 85-87 BEML Road, Hootagalli Industrial Area, Mysore, Mysore - 570 018 Karnataka, India. Tel: +91 9632630006

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